The 2023 Anguilla GSHS was a school-based survey of students in 2nd Form - 6th Form (typically attended by students aged 13 – 17 years). A census was used to produce data representative of all students in 2nd Form - 6th Form in Anguilla.

The Anguilla GSHS measured Alcohol Use; Dietary Behaviours; Drug Use; Mental Health; Physical Activity; Protective Factors; Sexual Behaviours; Tobacco Use; & Violence and Unintentional Injury. Students self-reported their responses to each question on a computer scannable answer sheet.

The school response rate was 100.0%, the student response rate was 81.8%, and the overall response rate was 81.8%. A total of 673 students participated in the Anguilla GSHS. Weighted prevalence estimates (percentages) and 95% confidence intervals are presented below.

| **Results for Students Aged 13-17 Years** | **Total** | **Boys** | **Girls** |
| --- | --- | --- | --- |
| **Alcohol Use** | | | |
| Percentage of students who currently drank alcohol (at least one drink containing alcohol on at least 1 day during the 30 days before the survey) | 26.4 (22.4 - 30.9) | 19.0 (14.3 - 24.8) | 32.9 (27.9 - 38.3) |
| Percentage of students who drank so much alcohol that they were really drunk (one or more times during their life) | 21.4 (16.6 - 27.2) | 16.4 (10.1 - 25.7) | 25.7 (20.3 - 32.0) |
| **Dietary Behaviours** | | | |
| Percentage of students who drank any sugar-sweetened drink one or more times per day (during the 7 days before the survey) | 40.3 (35.6 - 45.2) | 40.2 (34.1 - 46.7) | 40.3 (35.8 - 45.0) |
| **Drug Use** | | | |
| Percentage of students who used cannabis (one or more times during their life) | 17.4 (13.1 - 22.8) | 15.4 (9.9 - 23.3) | 19.1 (13.8 - 26.0) |
| Percentage of students who used amphetamines or methamphetamines for non-medical purposes (one or more times during their life) | 3.2 (1.9 - 5.4) | 3.9 (2.1 - 7.0) | 2.6 (1.2 - 5.4) |
| **Mental Health** | | | |
| Percentage of students who have no close friends | 8.3 (5.9 - 11.5) | 9.7 (5.6 - 16.2) | 7.2 (5.0 - 10.2) |
| Percentage of students who seriously considered attempting suicide (during the 12 months before the survey) | 28.9 (25.5 - 32.5) | 20.6 (15.9 - 26.4) | 36.1 (29.8 - 42.9) |
| Percentage of students who attempted suicide (one or more times during the 12 months before the survey) | 20.9 (18.0 - 24.1) | 13.9 (10.6 - 18.2) | 26.8 (21.6 - 32.7) |
| **Physical Activity** | | | |
| Percentage of students who were not physically active for a total of at least 60 minutes per day on all 7 days (during the 7 days before the survey) | 81.9 (77.5 - 85.6) | 75.8 (68.1 - 82.1) | 86.8 (82.9 - 90.0) |
| Percentage of students who did not go to physical education class (each week during this school year) | 19.0 (9.6 - 34.1) | 19.3 (10.5 - 32.8) | 18.9 (8.0 - 38.3) |
| Percentage of students who spent three or more hours per day sitting or lying down (when they are not in school or doing homework or sleeping at night during a typical or usual day) | 75.3 (69.6 - 80.3) | 72.3 (62.6 - 80.3) | 77.8 (72.4 - 82.5) |
| Percentage of students who got less than eight hours of sleep on an average school night | 69.5 (63.7 - 74.7) | 70.6 (63.1 - 77.2) | 68.6 (61.6 - 74.8) |
| **Protective Factors** | | | |
| Percentage of students who missed classes or school without permission (on at least 1 day during the 30 days before the survey) | 26.6 (21.4 - 32.6) | 26.2 (19.3 - 34.4) | 26.7 (21.8 - 32.3) |
| Percentage of students who reported that their parents or guardians never or rarely understood their problems and worries (during the 30 days before the survey) | 59.0 (54.5 - 63.4) | 56.9 (49.8 - 63.7) | 60.5 (55.7 - 65.1) |
| Percentage of students who reported that their parents or guardians never or rarely really knew what they were doing with their free time (during the 30 days before the survey) | 34.3 (29.5 - 39.5) | 34.2 (26.8 - 42.5) | 34.2 (28.6 - 40.2) |
| **Sexual Behaviours** | | | |
| Percentage of students who ever had sexual intercourse | 25.0 (19.1 - 32.1) | 24.8 (15.8 - 36.8) | 25.0 (19.2 - 32.0) |
| Percentage of students who used a condom during last sexual intercourse (among students who ever had sexual intercourse) | 37.2 (27.6 - 48.0) | - | - |
| **Tobacco Use** | | | |
| Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey) | 3.6 (1.9 - 6.5) | 3.9 (2.0 - 7.6) | 3.3 (1.7 - 6.3) |
| Percentage of students who currently used a tobacco product (on at least 1 day during the 30 days before the survey) | 10.5 (7.7 - 14.2) | 11.7 (7.7 - 17.2) | 9.7 (6.9 - 13.4) |
| Percentage of students who currently used electronic cigarettes (on at least 1 day during the 30 days before the survey) | 7.9 (5.9 - 10.6) | 7.5 (4.8 - 11.5) | 8.4 (5.9 - 11.8) |
| **Violence and Unintentional Injury** | | | |
| Percentage of students who were seriously injured (one or more times during the 12 months before the survey) | 44.8 (39.9 - 49.8) | 45.5 (38.4 - 52.7) | 43.9 (38.5 - 49.5) |
| Percentage of students who were in a physical fight (one or more times during the 12 months before the survey) | 24.2 (19.5 - 29.6) | 29.1 (23.2 - 35.7) | 19.9 (14.7 - 26.3) |
| Percentage of students who were bullied on school property (during the 12 months before the survey) | 22.0 (18.4 - 26.0) | 17.7 (13.0 - 23.6) | 25.1 (20.1 - 30.8) |
| Percentage of students who were cyber bullied (during the 12 months before the survey) | 15.8 (13.4 - 18.5) | 12.4 (8.7 - 17.4) | 18.7 (14.8 - 23.4) |

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| For additional information, please contact:  Name (email) | For general information about the GSHS, please visit:  <https://www.who.int/teams/noncommunicable-diseases/surveillance/systems-tools/global-school-based-student-health-survey> |